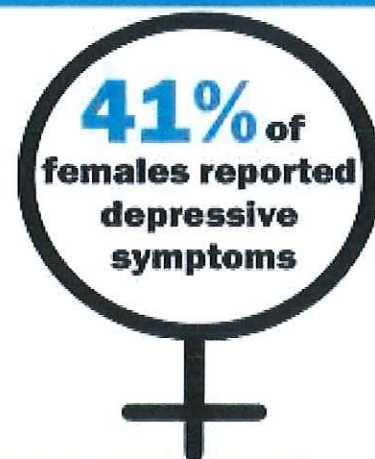


Depressive Symptoms in Cuyahoga County

2017 Survey Results for High School Students



nearly **1 in 3**
high school students has
depressive symptoms
(feeling sad or hopeless
for two or more weeks
and not doing usual activities)



Among Students Who Reported Depressive Symptoms

7 in 10 have
used alcohol



1 in 2 has
used marijuana

3 in 10 have been
bullied at school



nearly **1 in 3** has been
in a physical fight

1 in 5 has
attempted suicide



2 in 5 have hurt
themselves on purpose

SEE SOMETHING? SAY SOMETHING:

What to Look For:

Changes in Appetite

Changes in Sleep

Lack of Concentration

Loss of Energy

Physical Aches & Pains

Changes in Movement

Hopelessness

Suicidal Thoughts

Lack of Interest

Resources:

ADAMHS Board of Cuyahoga County
www.adamhscc.org
216.241.3400

216TEENS
www.216teens.org
24/7 Crisis Hotline: 216.623.6888

Project AWARE Ohio
www.esc-cc.org/ProjectAware.aspx
216.901.4201

1. Depression. National Alliance on Mental Health. Web site. <http://www.namh.org/LearnMore/MentalHealthConditions/Depression>. Accessed October 10, 2017.

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